

L 8 – BODY MOVEMENTS

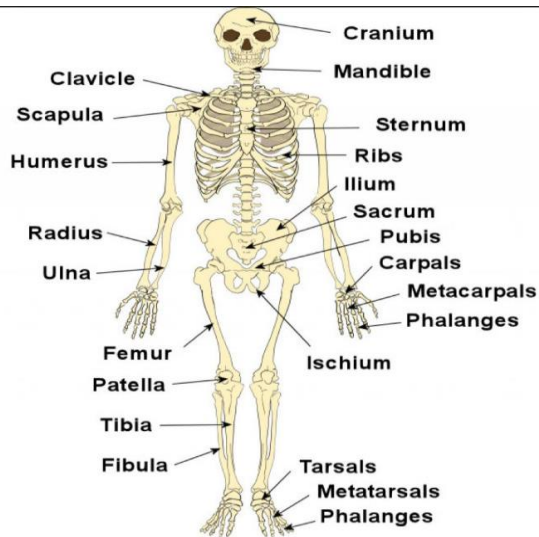
HANDOUT FOR MODULE 2

BODY MOVEMENTS AND LOCOMOTION IN HUMAN BEINGS

SKELETAL SYSTEM

The system that supports the overall body by providing a definite shape and helps in the movement is known as skeletal system.

Skeleton is the framework of bones in the



body

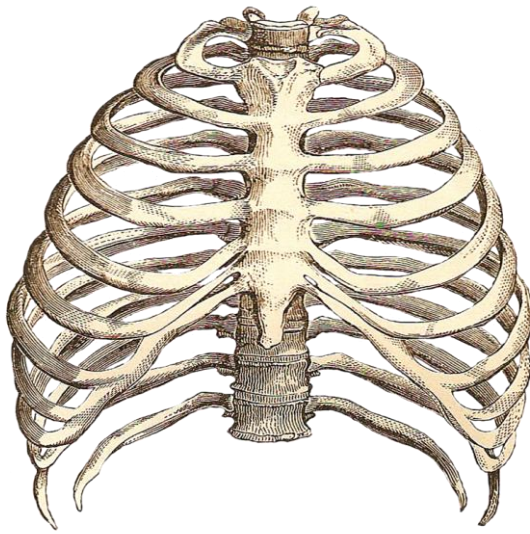
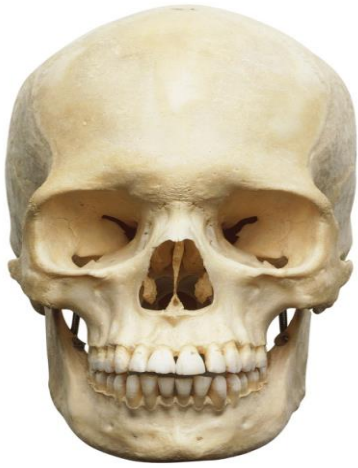
FUNCTIONS OF SKELETON

1. Protection to vital organs.
2. Support to body.
3. Shape to body.
4. Movement of body organs.

AXIAL SKELETON

The axial skeleton is made of following parts.

- Skull
- Vertebral column(backbone)
- Sternum(breast bone)

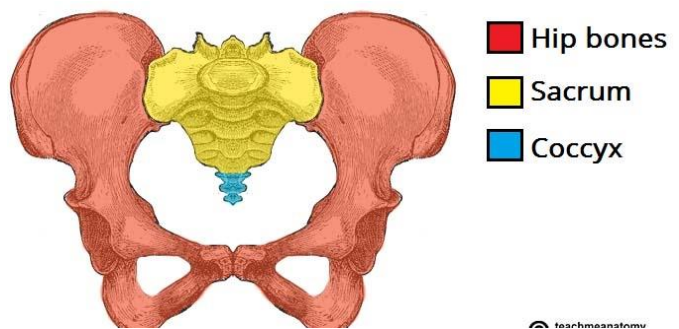
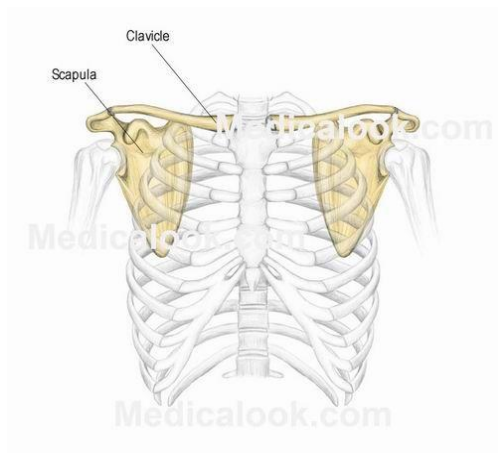


APPENDICULAR SKELETON

Parts of appendicular skeleton

- Girdles
- Limbs

BONES OF HUMAN GIRDLES



BONES OF HUMAN FEET AND HAND(LIMBS)

